Behavioral Health Services Employee Assistance Program

FINANCIAL PLANNING IN UNCERTAIN TIMES



RESOURCES

WEBSITES

MyMoney.gov – Life Events

https://www.mymoney.gov/lifeevents/Pages/lifeevents.aspx

Credit.org

https://credit.org/services

The Institute for Financial Education

http://www.ifeonline.org

PracticalMoneySkills.com

https://www.practicalmoneyskills.com

https://www.practicalmoneyskills.com/learn/life events

BOOKS

Fagan, C., & Ver Hage, L. (2018). The financial diet: A total beginner's guide to getting good with money. Holt Paperbacks.

Rapley, T. B. (2019). The money manual: a practical money guide to help you succeed on your financial journey. CreateSpace Publishing.

ONLINE ARTICLES

Caldwell, M. (2020, June 21). 6 Major Financial Steps of Your Life. *The Balance*. https://www.thebalance.com/major-financial-steps-of-life-2386034

Dow, N. (2019, November 7). How to Tackle Saving for These 6 Major Life Expenses. *The Penny Hoarder*. https://www.thepennyhoarder.com/save-money/expensive-life-events

PODCASTS

Fit Advisors

Suggested Episodes:

Jariwala, A. (Host) & Cham, P. (Guest expert). (2020, March 10). Estate and succession planning (No. 33) [Podcast episode]. In *Money Checkup Podcast*. https://fitadvisors.com/episode-33-estate-and-succession-planning

Jariwala, A. (Host) & Tisler, T. (Guest expert). (2020, March 24). Navigating the market uncertainty of COVID-19 (No. 34) [Podcast episode]. In *Money Checkup Podcast*. https://fitadvisors.com/episode-34-navigating-the-market-uncertainty-of-covid-19

Jariwala, A. (Host). (2020, April 7). Planning in times of uncertainty (No. 35) [Podcast episode]. In *Money Checkup Podcast*. https://fitadvisors.com/episode-35-planning-in-times-of-uncertainty

Money for The Rest of Us

Suggested Episode:

Stein, D. (Host). (2020, June 24). How to do financial planning (No. 303) [Podcast episode]. In *Money for the Rest of Us*. https://moneyfortherestofus.com/303-financial-planning

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TOOLS AND CALCULATORS

Free Budget Sheet

http://www.free-financial-advice.net/create-budget.html

Useful Financial Calculators

http://www.free-financial-advice.net/financial-calculators.html

APPS

Albert [Mobile app]. (2020). https://albert.com

(Free; Android and iOS)

Good Budget [Mobile app]. (2020). https://goodbudget.com

(Free; Android and iOS)

Mint.com [Mobile app]. (2020). https://mint.intuit.com

(Free; Android and iOS)

Personal Capital [Mobile app]. (2020). https://www.personalcapital.com

(Free; Android and iOS)

Zeta [Mobile app]. (2020). https://www.askzeta.com

(Free; Android and iOS)

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