## Behavioral Health Services Employee Assistance Program

# RETIREMENT PLANNING: STRATEGIES FOR SAFEGUARDING YOUR FINANCES



## **RESOURCES**

## **WEBSITES**

## Federal Retirement Planning

https://www.federalretirement.net

## Office of Personnel Management

https://www.opm.gov/retirement-services
https://www.opm.gov/retirement-services/calculators

### **Social Security Administration**

https://www.ssa.gov/benefits/retirement

## USA.gov

https://www.usa.gov/retirement

#### **AARP**

https://www.aarp.org/retirement/planning-for-retirement

#### Free Financial Advice

http://www.free-financial-advice.net

#### **Practical Money Skills**

https://www.practicalmoneyskills.com

#### The Institute for Financial Education

https://ifeonline.org

#### Women's Institute for Financial Education

https://www.wife.org/retirement

#### **PODCAST**

Real Simple. (2021 – present). *Money confidential* [Audio podcast]. https://www.realsimple.com/money/money-confidential-podcast

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