

ATTENDING TO AGING LOVED ONES

A stylized icon in a dark purple color showing a person on the left leaning forward to assist an older person on the right. The older person is depicted with a larger head and a slightly hunched posture.

Caring for an older family member isn't always easy,
BUT YOU DON'T HAVE TO DO IT ALONE.



Your Employee Assistance Program (EAP) is here to offer support, guidance, and resources whenever you need them.

The EAP is a voluntary and confidential employee benefit available to federal employees at no cost.

EAP
FOH4You.com

PSC |  **Federal Occupational Health**
U.S. Department of Health and Human Services