



Abuse isn't always physical, and the evidence isn't always visible, yet the harm is just as, if not more, dangerous. Contact the Employee Assistance Program (EAP) to recognize the signs and know where to turn for help.

# IDENTIFYING THE SIGNS OF ABUSE

The EAP is a voluntary and confidential employee benefit available to eligible federal employees at no cost.

24  
HOURS  
A DAY

(800) 222-0364  
TTY: (888) 262-7848  
FOH4YOU.COM

EAP

PSC Federal Occupational Health

U.S. Department of Health and Human Services