## Financial Setback?

Regroup & Rebuild



## **About the Speaker**

### **Hector Ramos**

Managing Member & Co Founder – Kubernetes Asset Management

Financial Literacy Counselor – Brooklyn Neighborhood Services



Hector has over 19 years of professional experience working within financial services and investment management. Notable firms include Morgan Stanley, Merrill Lynch & Co among other prominent financial services firms. Professional licenses FINRA Series 7, 63, 65 and 24. He calls Brooklyn his home and considers traveling, reading and self-education an absolute necessity for personal development.

## Agenda

Today we'll cover what it means to...

Regroup

Rebuild

**Stay the Course** 

Let MSA Help you Create an Action Plan

## **Financial Setbacks**

"Life is what happens to you"

Job / Income Loss

**Transportation Issues** 

**Tax-related** 

**Medical Expenses** 

**Falling Behind on Bills** 

**Divorce / Family** 

## Regroup

Time to assess & plan

### Assess the Setback

Where to start

### Is it an income setback?

How much income was coming in?

How much was lost?

How long is it expected to last?

Can some of the income be replaced?

### Is it an expense setback?

Is it a one-time expense or

ongoing?

How much is the estimated

cost?

Can it be financed?

How to make up the difference: Savings + Loan + Earn Additional Income

### Unemployment

**Disability benefits** 

Savings

**Employer grants or loans** 

Retirement account withdrawal/loan

## Income Setback

Know what is available to you



## **Expense Setback**

Can monthly expenses be reduced?

### "Set" expenses

Cell phone or cable plans, insurance, and debt payments

- Negotiate interest rates
- Transfer balances

### Variable expenses

Food, eating out, personal care, travel or entertainment

Anticipate irregular expenses

### What can be stopped?

Memberships and subscriptions, vacations, payroll deductions, extra services

Limit credit card usage

## **Challenging Scenarios**

And their potential solutions

### **Declining Credit Score**

Stacking / snowball Consolidation loans

### **Financial Stress**

Accept that mistakes happen Focus on future plans

### **Increasing Debt Load**

Not all debt is bad e.g. Replacing an unreliable vehicle

### **Escalating Card Balances**

Collateralized vs. uncollateralized Balance transfers

#### **401k Accessed**

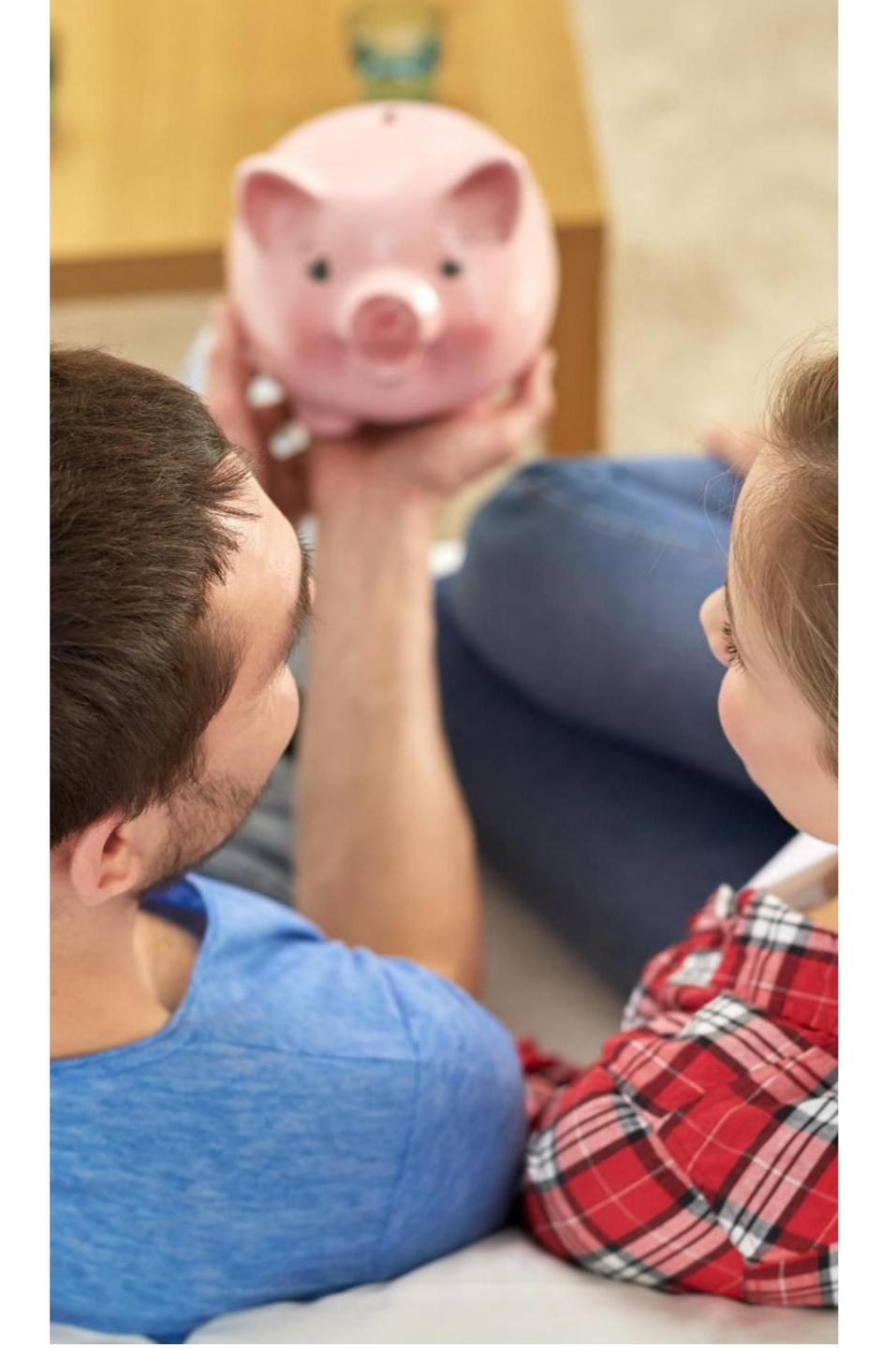
Loan vs. withdrawal Short term vs. long term

### **Emergency Fund Exhausted**

Automate payments
Separate accounts
Cash flow traps

# Communicate with Your Loved Ones

Getting everyone on the same page



Discuss as a Team With Your Spouse or Partner

Involve Your Entire Household

Network With Friends & Family

### Reach Out

Leave no stone unturned

### **Hardship Programs**

Contact your creditors for options:

- reduced interest
- payment plan
- deferment
- forbearance

### **Other Resources**

- Mortgage modification or rent assistance
- Federal or local programs

### **Employer Resources**

- Employee assistance program (EAP) or eMbrace program
- Money Coach

## Rebuild

Take Action

## **Important Considerations**

When developing a plan

### Measurable

Specific objectives and checkpoints

### **Attainable**

Reasonable and able to be accomplished

### Significant

Meaningful and important

### **Time-Bound**

Considers shortand long-term goals

## Develop a Realistic Plan

An example

### REGULAR BUDGET

NO FRILLS BUDGET

**Essentials** 

**Essentials** 

No Frills

Focus on the necessities

**Debt Payments** 

**Debt Payments** 

Discretionary

**Discretionary** 

**Savings & Investments** 

**Savings & Investments** 

### Rebuild Income

To get back on track

- Utilizing resources grants, government programs
- New job what's needed?
- Promotion/Pay increase additional education/training
- Unemployment or other sources of income

# Cashing Out a Retirement Account

Example: Immediate Relief vs. Opportunity Cost

Withdraw \$10K

**Immediate Relief\*** 

-\$1,000 Federal -\$400 State -\$1,000 Penalty

\$7,600 left after withdrawal

\*Hypothetical scenario assuming a single individual filing in the 10% federal, 4% state tax bracket

Keep \$10K

**Staying the Course** 

\$10,000

\$102,857 in 40 years\*\*

Keep \$10K

Maintain Contributions

**Prioritize Retirement Savings** 

\$10,000 + \$1,200 / yr

\$288,571 in 40 Years\*\*

<sup>\*\*</sup>Based on a 6% investment return over 40 years. Past performance does not guarantee or predict future performance.

## Staying the Course

New habits, better future

## **Evaluation**

Looking back

Lessons Learned	Resources	Financial Risks	Recovery Mindset
Biggest takeaways from	What resources worked well	Where were the weak spots	Behavioral changes to assist
setback			you

## Oops

I did it again

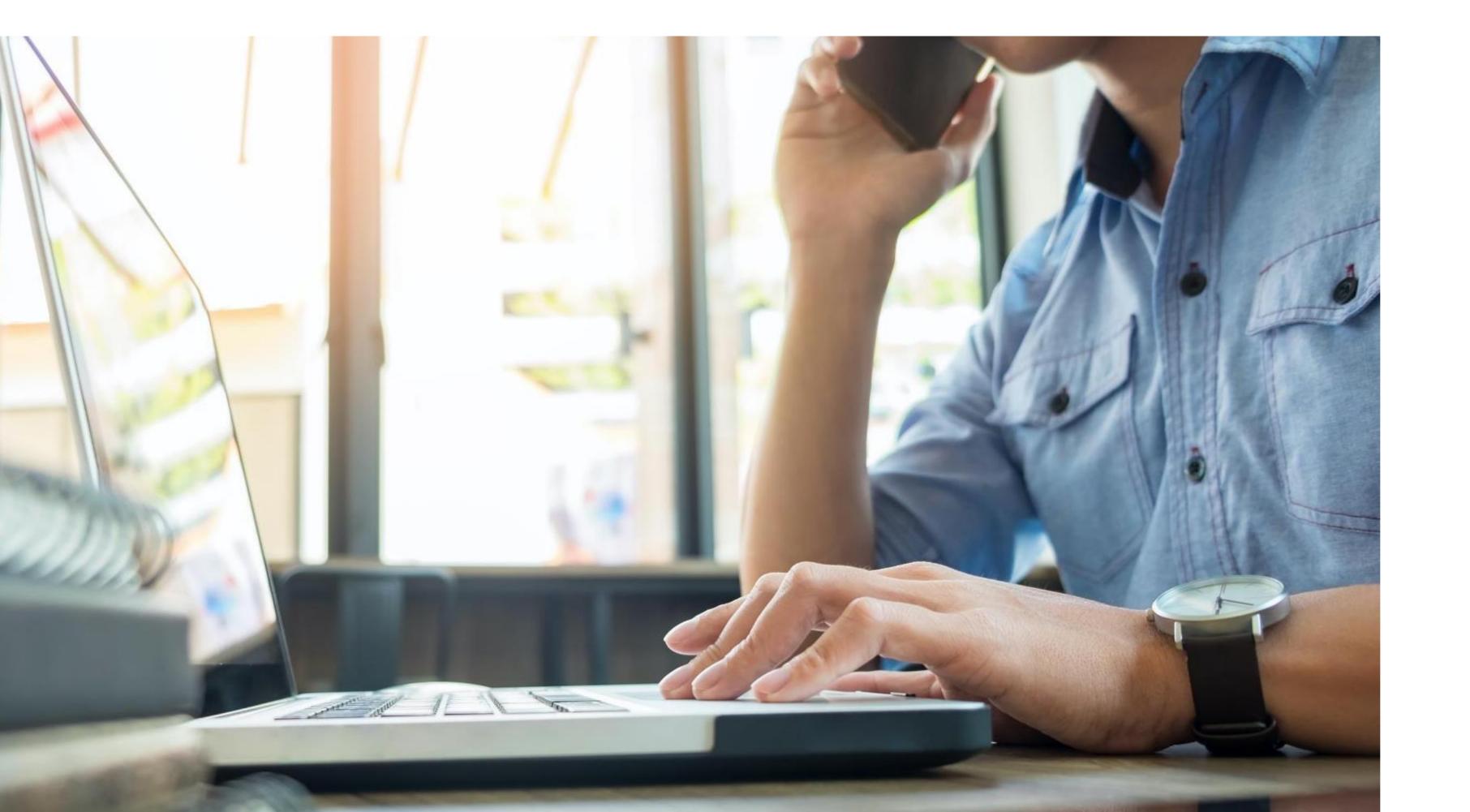
### Take it easy on yourself

- Additional setbacks could occur
   Don't dwell on the mistakes
   Focus on the positives & move forward
- Assess & analyze
- Bad things do happen to good people



## Action Plan: Working with My Money Coach

Three common next steps



Quantify the impact to your income and expenses

Review available resources and programs

Help you re-evaluate your budget and make adjustments

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