

RESOURCES

BOOKS

Devine, M. (2017). *It's ok that you're not ok*. Sounds True.

Didion, J. (2006). *The year of magical thinking*. Vintage Books.

Kessler, D. (2019). *Finding meaning: The sixth stage of grief*. Simon and Schuster, Inc.

ONLINE ARTICLES

Medline Plus. (2017, October 19). *Bereavement*. National Library of Medicine, National Institutes of Health.
<https://medlineplus.gov/bereavement.html>

WEBSITES

Elisabeth Kubler-Ross Foundation
<https://www.ekrfoundation.org>

Grief.com
<https://grief.com>

Suicide

American Association of Suicidology
<https://www.suicidology.org>

Survivors of Suicide
<https://afsp.org>

National Suicide Prevention Lifeline
<https://988lifeline.org>

Loss of a Child

The Compassionate Friends
<https://www.compassionatefriends.org>

Loss of Pet

Pet Loss Support Page
<http://www.pet-loss.net>

PODCASTS

Kessler, D. (Host). (2022–present). *Healing with David Kessler* [Audio podcast].
<https://grief.com/podcasts>

McInerney, N. (Host). (2016–present). *Terrible, thanks for asking* [Audio Podcast].
<https://ttfa.org/episodes>

Williams, E. H. (Host). (2015–present). *What's your grief?* [Audio Podcast].
<https://whatsyourgrief.com/grief-podcast>

APP

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