

## RESOURCES

### BOOKS

- Clance, P.R. (1985). *The impostor phenomenon: Overcoming the fear that haunts your success*. Peachtree Pub Lmtd.
- Young, V. (2011). *The secret thoughts of successful women: Why capable people suffer from the impostor syndrome and how to thrive in spite of it*. Crown Business.

### ONLINE ARTICLES

- Gino, F. & Coffman, K. (2021, September). Unconscious Bias Training That Works. *Harvard Business Review*. <https://hbr.org/2021/09/unconscious-bias-training-that-works>
- Jamison, L. (2023). Not fooling anyone. *New Yorker*, 99(1), 26–32.
- Palmer, C. (2021, June 1). How to overcome impostor phenomenon. *Monitor on Psychology*, 52(4). <https://www.apa.org/monitor/2021/06/cover-impostor-phenomenon>
- Tulshyan, R. & Burey, J.A. (2021, February 11). Stop telling women they have imposter syndrome. *Harvard Business Review*. <https://hbr.org/2021/02/stop-telling-women-they-have-imposter-syndrome>
- Tulshyan, R. & Burey, J.A. (2021, July 14). End imposter syndrome in your workplace. *Harvard Business Review*. <https://hbr.org/2021/07/end-imposter-syndrome-in-your-workplace>
- Weir, K. (2013, November). Feel like a fraud? *gradPSYCH*. <https://www.apa.org/gradpsych/2013/11/fraud>

### PODCASTS

- Grant, A. (Host). (2021, June 1). Your Insecurities Aren't What You Think They Are [Audio podcast episode]. In *Worklife with Adam Grant*. TED. <https://podcasts.apple.com/gb/podcast/your-insecurities-arent-what-you-think-they-are/id1346314086?i=1000523780269>
- Grant, A. (Host). (2022, October 25). Reese Witherspoon on turning impostor syndrome into confidence [Audio podcast episode]. In *Worklife with Adam Grant*. TED. <https://podcasts.apple.com/us/podcast/reese-witherspoon-on-turning-impostor-syndrome-into/id1346314086?i=1000583714825>

### TOOLS

- Implicit Association Test  
<https://implicit.harvard.edu/implicit/takeatest.html>
- Unconscious Bias Training from Microsoft  
<https://www.microsoft.com/en-us/inclusion-journey/learn>