



Building More Belonging



Fitting in feels good and, deep down, it's what we all want. Ask your Employee Assistance Program (EAP) how you can make others at work and in your community feel welcome and more included.

The Employee Assistance Program (EAP) is a voluntary and confidential employee benefit available to eligible federal employees at no cost.



(800) 222-0364 FOH4YOU.COM





U.S. Department of Health and Human Service