

THE OPIOID EPIDEMIC: THE CRISIS CONTINUES

RESOURCES

ONLINE ARTICLES

HealthPartners. (2019). *6 things to know about pain and opioids*.

https://www.healthpartners.com/ucm/groups/public/@hp/@public/documents/documents/entry_204846.pdf

Office of the Commissioner. (2023, May 10). *What to ask your doctor before taking opioids*. U.S. Food and Drug Administration. <https://www.fda.gov/consumers/consumer-updates/what-ask-your-doctor-taking-opioids>

WEBSITES

Centers for Disease Control and Prevention: www.cdc.gov/opioids

Faces & Voices of Recovery: <https://facesandvoicesofrecovery.org>

Get Naloxone Now: <https://www.getnaloxonenow.org>

National Institute on Drug Abuse: <https://nida.nih.gov/research-topics/opioids>

Project Lazarus: <https://www.projectlazarus.org>

Prevent & Protect: <https://prevent-protect.org>

SAMHSA: <https://www.samhsa.gov>

– National Helpline 24/7: 1-800-662-HELP (4357)

– Treatment: <https://www.samhsa.gov/find-help>

U.S. Department of Health and Human Services: www.hhs.gov/opioids

SUPPORT OUTLETS

Celebrate Recovery: <https://www.celebraterecovery.com>

Grief Recovery After a Substance Passing, GRASP: www.grasphehelp.org

Learn to Cope (for families/friends): <https://learn2cope.org>

Nar-anon (for families/friends): <https://www.nar-anon.org>

Narcotics Anonymous: <https://www.na.org>

Smart Finder Support Meetings (for anyone): <https://meetings.smartrecovery.org/meetings>

TOOLKIT

Substance Abuse and Mental Health Services Administration. (2018). *SAMHSA opioid overdose prevention toolkit*. HHS Publication No. (SMA) 18-4742. <https://store.samhsa.gov/sites/default/files/d7/priv/sma18-4742.pdf>

APPS

I Am Sober
[Android](#) | [iOS](#)

Loosid: *Sober Recovery*
[Android](#) | [iOS](#)

 **800-222-0364**
24 HOURS
A DAY foh4you.com