


# GET GOAL ING



To thrive as a leader,  
it's best to know where you're  
headed and how you'll get there.



**CALL** YOUR EMPLOYEE ASSISTANCE PROGRAM (EAP)

for help setting milestones and to request tips for identifying the necessary steps to forge a path of success toward achieving your goals.

(800) 222-0364



FOH4YOU.COM

The Employee Assistance Program (EAP) is a voluntary and confidential employee benefit available to eligible federal employees at no cost.

