

# ARE YOUR HYBRID EMPLOYEES THRIVING?

Address common stressors and foster a positive work culture in a blended work environment with support from your Employee Assistance program (EAP).



24 HOURS A DAY

(800) 222-0364

[FOH4YOU.COM](https://www.foh4you.com)

EAP

  Federal  
Occupational  
Health  
U.S. Department of Health and Human Services

The EAP is a voluntary and confidential employee benefit available to eligible federal employees at no cost.