

# Mindfully Investing in Your Financial Future

Being intentional about  
**saving** and  
**investing**  
today can help ensure  
your family is taken  
care of tomorrow.



Find out how with tools and advice from financial experts through your Employee Assistance Program (EAP).

The EAP is a voluntary and confidential employee benefit available to eligible federal employees at no cost.

**(800) 222-0364**

24 HOURS A DAY

**EAP**

**PSC** |  Federal  
Occupational  
Health  
U.S. Department of Health and Human Services

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